

### **Sample Contract between parents and children to use electronic devices**

- I would like to use my device and the internet responsibly and safely, and I promise to respect the safety rules and usage times intended to protect me from the communication risks as set out in our contract as follows:
  1. I will not give any personal information about myself (my name, my parents' names, my school name, my address) to any stranger contacting me via phone call, SMS or other methods of social media.
  2. I will not accept to meet anyone that I come to know online before informing my parents. If my parents agree to the meeting, it has to be in a public place and must be with my parents.
  3. I will not send my photo or any other material to any person before consulting my parents first.
  4. I will not reply to any suspicious message that makes me feel uncomfortable and I will inform my parents of it.
  5. I will not tamper with the settings of my mobile phone and I will not make any changes without my parents' prior permission.
  6. I will adhere to the appropriate usage timings, duration and applications that I can use or browse and I undertake not to access any new websites without my parents' knowledge.
  7. I will not give my password to any person (even my best friends) except my parents.
  8. I will inform my parents before downloading, uploading or running any app, or do anything that may damage my device or compromise the privacy of my family.
  9. I will immediately inform my parents if I come across any information that makes me feel uneasy or uncomfortable. Getting such messages is not my fault and thus I will not hide it from my parents so that they can contact the service provider.
  10. I will be a good citizen on social media and I will not do any acts to harm others or violate the law.
  11. I will help whoever needs help to understand how to entertain and learn online without any exposure to risks.

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I undertake to help my child to comply with these rules (parent signature) and allow reasonable usage of their smart devices and the internet as long as these rules and the other family rules are respected and adhered to.

(parent signature)

(child signature)



الحملة الوطنية التوعوية للأطفال حول الاستخدام الآمن  
لوسائل خدمات الاتصالات